

❑ **Porter Cason Family Institute, Tulane School of Social Work**

Porter Cason Family Institute provides best practices training for mental health professionals. All trainings are within a family resilience context and use evidence based models such as Solution Focused Therapy, Reality Therapy, and Cognitive Behavioral Therapy.

Point of Access: Parker Sternberg, assistant director, (504) 231-6618, psternbe@tulane.edu

❑ **REACH NOLA**

REACH NOLA is working to build the capacity of Spirit of Hope providers to provide linguistically and culturally appropriate services. REACH NOLA will achieve this by training interpreters and providers and by providing technical assistance to other organizations.

Point of Access: [www.reachnola.org](http://www.reachnola.org)

❑ **Section of Child and Adult Psychiatry, Tulane University School of Medicine**

Tulane child psychiatrists are available for phone and face-face consultation to primary care physicians serving children with mental health concerns as well as continuing education training. The goal of the project is to increase local providers' comfort with pediatric mental health issues and enhance access to mental health services for children.

Point of Access: Mary Margaret Gleason MD, project director, (504) 988-9169, gccap3@gmail.com  
Parishes served: Terrebonne, St. Bernard, Plaquemines, Lafourche, St Tammany, Iberia, and St. Mary

❑ **St. Bernard Project**

St. Bernard Project provides services to adults through its established Center for Wellness and Mental Health. Objectives include early intervention and symptom reduction through modalities ranging from peer-to-peer counseling to clinical therapies.

Point of Access: Joycelyn Heintz, senior clinic coordinator, (504) 278-5544, joycelyn@stbernardproject.org  
Parishes served: St. Bernard

❑ **Vietnamese Initiatives in Economic Training (VIET)**

VIET provides psycho-educational activities to children ages 5-17 through its afterschool and summer programs. VIET employs licensed social workers to facilitate workshops that engage children in healthy self-expression through creative writing and craft projects.

Point of Contact: Cyndi Nguyen, Executive Director, (504) 255-0400, vietno@sprint.blackberry.net  
Additional languages spoken: Vietnamese  
Parishes served: Jefferson, Orleans, St. Bernard, Plaquemines, Terrebonne, Lafourche, and St. Mary

**Referral**

To Agency: \_\_\_\_\_

From Agency: \_\_\_\_\_

Date: \_\_\_\_\_

Provider Signature: \_\_\_\_\_



**Catholic Charities**  
Archdiocese of New Orleans

1000 Howard Avenue • New Orleans, LA 70113

[www.ccano.org](http://www.ccano.org)



**OUR MISSION**

Spirit of Hope seeks to increase behavioral health services by providing quality primary and secondary prevention at the individual, family, and community levels. Spirit of Hope minimizes the impact of the BP oil spill disaster through outreach, community engagement, education, counseling services, and psychiatric services.



#### ❑ **Boat People SOS, Inc.**

BPSOS works to build the self-help capacity for individuals and families. Services include training and support of Peer Companions, the facilitation of peer support groups, community education, bilingual counseling, and professional development training.

Point of Access: Daniel Le, program manager or Hong-Hai Hoang, service coordinator (504) 433-8668  
Additional languages spoken: Vietnamese  
Parishes served: Jefferson, St. Tammany, Terrebonne and Plaquemines

#### ❑ **Catholic Charities Archdiocese of New Orleans**

CCANO provides crisis intervention, professional counseling, family building activities to promote wellness, psychiatric treatment and medication management, and behavioral health case management/recovery planning to individuals and families.

Point of Access: Spirit of Hope Care Line (866) 891-2210  
Additional languages spoken: Certified interpreters for Spanish and Vietnamese  
Parishes served: Orleans, Jefferson, St. Bernard, and Plaquemines

#### ❑ **Episcopal Community Services of Louisiana and Bayou Grace Community Services**

ECSLA and Bayou Grace offer community dinners in lower Terrebonne Parish. Each community dinner incorporates a home-cooked meal, speakers, spiritual care providers, pastoral listening volunteers, and mind-body/wellness providers.

Point of Access: ECSLA- Deacon Elaine Clements, [eclements@escla.org](mailto:eclements@escla.org) (504) 236-1133  
Bayou Grace- Rebecca Templeton, executive director, [Rebecca@bayougrace.org](mailto:Rebecca@bayougrace.org), (985) 217-0133  
Parishes served: Terrebonne

#### ❑ **Family Service of Greater New Orleans**

FSGNO provides free mental health services for

individuals and families. FSGNO also provides outreach services that include crisis intervention, psycho-education about the impact of disasters, education about stress reduction, referrals, and counseling services.

Point of Access: Melissa Harris, program coordinator, (504) 822-0800, [mharris@fsgno.org](mailto:mharris@fsgno.org)  
Additional languages spoken: Spanish  
Parishes served: Jefferson, Orleans, St. Bernard, and Plaquemines

#### ❑ **Healing Hearts for Community Development**

Healing Hearts for Community Development provides state-licensed, faith-based substance abuse treatment and mental health counseling through its Celebration Hope Centers located in St. Bernard and Jefferson parishes. Clients receive ongoing recovery support services, periodic drug testing, and individual counseling for grief, trauma, and marriage and family issues.

Point of Access: (504) 833-4673,  
St. Bernard site coordinator: Derek Brown, [derekb@celebrationhopecenter.org](mailto:derekb@celebrationhopecenter.org)  
Parishes served: Centers located in St. Bernard and Jefferson

#### ❑ **Kingsley House**

Kingsley House provides in-home and outpatient counseling to individuals and families residing in New Orleans East and St Bernard Parish. Psycho-educational groups are provided in area elementary and high schools.

Point of Access: Cheryl Bowie LMSW, program coordinator, (504)-240-2264 or (504)-523-6221x 168, [cbowie@kingsleyhouse.org](mailto:cbowie@kingsleyhouse.org)  
Parishes served: Orleans, St. Bernard

#### ❑ **Mercy Community Hope Project**

The Mercy Community Hope Project is hosting local support groups for affected coastal residents. During these meetings, local providers will meet with middle school students and their parents to discuss the tools

necessary to support individual, family and community resilience in times of adversity.

Point of Access: Erin Smith, project coordinator, (504) 838-8283, [www.mercyfamilycenter.com](http://www.mercyfamilycenter.com)  
Parishes served: Terrebonne, Lafourche, St. Charles, and St. Bernard

#### ❑ **Mind-Body Center of Louisiana (MBCLA)**

The Mind-Body Center of LA offers workshops and groups for participants to learn self-care skills for relaxation and stress reduction. Mind-body skills are effective in improving sleep, increasing energy, reducing anxiety and depression and managing pain. Skills include meditation, guided imagery, biofeedback, and movement.

Point of Access: [info@mindbodyla.org](mailto:info@mindbodyla.org), (504)-265-0646

#### ❑ **MQVN Community Development Corporation (MQVN CDC)**

MQVN CDC serves the behavioral health needs of the Vietnamese through outreach, behavioral health screening, service linkage, and psycho-educational and wellness activities for adults and children.

Point of Access: Celine Le, project coordinator, (504) 255-1970, [celinele@mqvncdc.org](mailto:celinele@mqvncdc.org)  
Additional languages spoken: Vietnamese  
Parishes served: Orleans

#### ❑ **Plaquemines Community C.A.R.E. Centers Foundation (The CARE Center)**

The CARE Center provides child and adult psychiatric services, professional counseling, and psycho-education. The CARE Center co-locates counselors in local public schools, and supplies public informational brochures to students and parents in English and Vietnamese.

Point of Access: Dawn Barras, program director, (504) 208-1290, [dbarras@pcccf.org](mailto:dbarras@pcccf.org), <http://www.pcccf.org/>  
Languages spoken: Access to Spanish and Vietnamese translators  
Parishes served: Plaquemines